

**Destination Guide**  
**New York City, NY, USA**  
(Prepared July 2011)

**What To See**

**The Rockerfeller Center** (18 W 48th St)

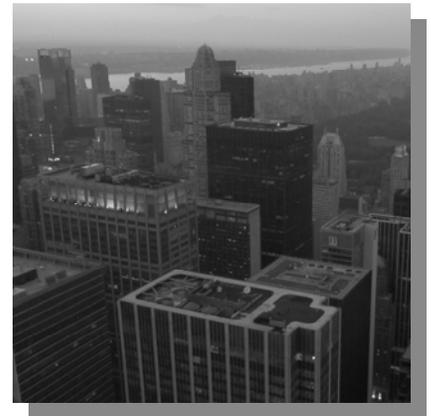
**The Empire State Building** (350 5th Avenue)

Both have similarly amazing views of the big apple. One is probably enough if you are in town for less than a week. Don't forget to go to the top level and check out the combos/ ticket specials for a bargain.

Worth a little research before you show up.

<https://ticketing.esbnyc.com/Webstore/Content.aspx?Kind=LandingPage>

<http://www.topoftherocknyc.com/special-offers/combo-tickets/>



**Goooo Yankees!**

If your timing is right, the Yankees will be at home and its an exciting experience even if you don't know anything about baseball. Grab a beer and a bucket of popcorn and enjoy! Best way to look for last minute tickets is <http://www.stubhub.com>. Yankee Stadium is in the Bronx, and easy ride on the B train from Manhattan)

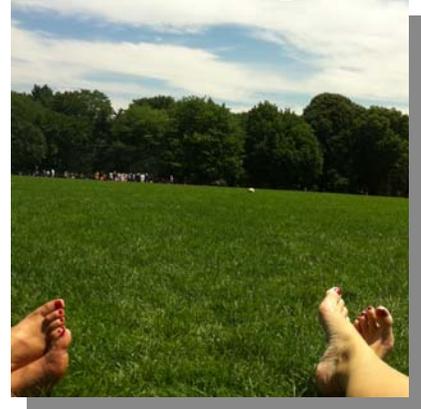
**See a Broadway Show**

Its hard to find a bad one, and it's a New York must-do. Again check out <http://www.stubhub.com> to find something in your timeframe and budget. If you are organized enough you can also go to the tkts booth (<http://tkts.com>) in Times Square on the morning of the show to grab bargain tickets.



## Have a picnic in Central Park

Grab a friend or a great book, a couple of bagels, and go wandering. You can find your own little cozy corner or share the great lawn with the rest of New York. It's a little patch of nature in this concrete jungle that you don't want to skip exploring.



## The Museum Circuit

New York has a huge selection, but my picks are.... The Museum of Natural History (200 Central Park West <http://www.amnh.org/>) is a personal favorite. (The one from the Ben Stiller movie "A Night at the Museum"). The Met is a great choice too, with a huge, diverse range of art and history to peruse (1000 Fifth Ave, <http://www.metmuseum.org/>). For Art buffs, don't miss the MoMa (11 West 53 St <http://www.moma.org/>).

## What To Eat

### The Magnolia Bakery

Most come for the cupcakes made famous by the 'Sex in the City' ladies, but don't skip the Banana Pudding... heavenly!! (401 Bleecker St/ 200 Columbus Ave/ Rockerfeller Center/ Grand Central Terminal) <http://www.magnoliabakery.com/home.php>

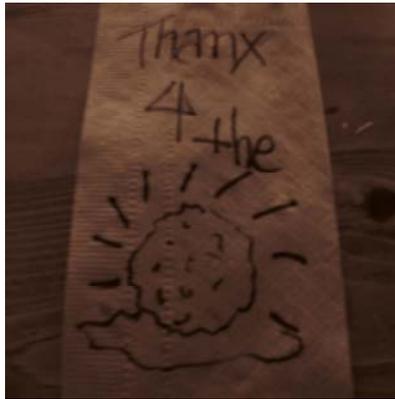


### Esca

This very classy Italian Seafood restaurant will challenge your taste buds and anything you ever may have pre-conceived of Italian OR seafood! I encourage you to try it all! I left full, delighted and enlightened. This is a meal you want to take your time and enjoy, so resist the temptation of doing it pre-theater, even though it is in the right area. It IS a pricey meal, but worth every cent. (402 W 43<sup>rd</sup> St. <http://www.esca-nyc.com/>)

## Dogmatic - Hot dogs!

You CAN get quality 'street meat' on most corners in NYC, but if that makes you nervous, or you just want to make your hotdog experience extra special, check out this place. I'll warn you, I AM a hot dog addict, but I loved it! (26 E 17<sup>th</sup> St (Near Union Square))  
<http://eatdogmatic.com/>



## Meatball shop

So maybe I am easily lost, or had sampled a few beers on the way, but this place was a nightmare to find! That being said, once we did AND waited for a much-coveted seat, the meatballs were heavenly. A VERY simple menu, makes for an easy choice, the tastiest delights since Nona. (170 Bedford St, <http://www.themeatballshop.com/>)

## Zabar's

I'll put it simply. The Jews can COOK! Zabar's is a NY institution. At the Deli you can take away or sit at one of the benches and devour a delish Knish, a homemade bagel or even sushi. The range is extensive and all delicious. Next door you can purchase a world of interesting foodie goodies, don't miss the heavenly cheese counter. Upstairs is a chef's paradise, there's no cooking gadget they don't stock...in 6 colors. Zabar's is a MUST for any food lover, warning: you'll leave wanting to become a chef. ( 2245 Broadway (at 80<sup>th</sup>))  
<http://www.zabars.com/>



## Francisco's Centro Vasco Restaurant (Lobster!)

Ok, so I'll admit, it was my first real lobster experience, but it rocked my world. The lobster was creamy and delicious, the bib saved my shirt from showing how much I enjoyed the sauce, and the company showed me how to be ruthless pulling off his arms! Amazing meal and great prices for Lobster. An experience for the family or a date!  
(159 W 23<sup>rd</sup> St. <http://franciscoscentrovasco.com/>)